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INSTRUCTIONS FOLLOWING OCULOFACIAL PLASTIC SURGERY:

Punctoplasty

After your punctoplasty, you may have an occasional bloody tear or tearing eye for 24 hours. Feel free to dab with tissues if needed or use artificial tears. If there are any questions not answered here, do not hesitate to call our office.

VISION: Your vision may be blurred and out of focus after surgery for several days until swelling resolves and your eye(s) heal.

ACTIVITY: Using your eyes will NOT harm them, so feel free to read, watch TV, use the computer, etc. as desired. Driving depends on each individual, so check with Dr. Torabi if you have questions about driving. Feel free to shower the same day as your procedure as needed. You can use ice packs the first day as needed to help reduce swelling and bruising.

MEDICATIONS:

1. You will be given a prescription for antibiotic-steroid drops to use 4 times a day for 14 days.
2. Use Tylenol or Ibuprofen (NSAIDs) for pain.

EMERGENCY: If you experience SEVERE EYE PAIN OR HEADACHE UNRELIEVED BY TYLENOL OR PERCOCET, NAUSEA OR VOMITING, WORSENING REDNESS, OR WORSENING VISION (especially vision that was initially better), call **our OFFICE IMMEDIATELY!**

Watch closely for changes in your health, and be sure to contact Dr. Torabi if you have any problems.