

Elite Plastic Surgery

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Post-operative Instructions **Skin Graft**

Please keep the bolster in place until you see Dr. RAMYAR TORABI.

- Apply gentle ice packs to your eyes for 20 minutes on and 20 minutes off for the first 48 hours.
- Resume all oral medications after surgery unless instructed otherwise.
- Use the ointment on your sutures 4 times per day as prescribed.
- Please do not bend below the waist or lift things heavier than 10 lbs for 1 week.
- Showering below the neck ok after 1 day. After 1 day, washing your face is permitted but try to avoid getting water directly in the eye or on your wounds.
- It is alright to use your operated eye for reading, watching television, and using your computer.
- Use the phenergan every 4 hours as needed for nausea.
- Use the oxycodone every 4 hours as needed for pain.

Please contact us for any increase in redness, pus-like discharge, pain or nausea not controlled with medication, bleeding that does not stop with pressure, fever greater than 100F, decrease in vision or any other concerns.