

JOURNAVX[®]

suzetrigine 50 mg tablets | Postoperative pain instructions

A non-opioid option for short-term surgical pain

JOURNAVX reduces pain signals before they reach the brain. It works differently from opioids, is not a controlled substance, and does not carry the opioid risks of addiction, slowed breathing, or sedation. It can still cause side effects and drug interactions.

How to take JOURNAVX

1

MORNING OF SURGERY - LOADING DOSE

Take 2 tablets (100 mg total)

Take before leaving home. Take on an empty stomach: no food for at least 2 hours before and 1 hour after the dose. Clear liquids are allowed; follow all surgical fasting instructions.

2

AFTER SURGERY

Take 1 tablet (50 mg) every 12 hours

Continue exactly as prescribed by your surgical team. These later doses may be taken with or without food.

3

SPACE FROM OTHER PRESCRIBED PAIN MEDICINES

Keep JOURNAVX at least 2 hours apart

from gabapentin, Flexeril (cyclobenzaprine), and oxycodone, according to your surgical team's medication plan.

Important safety reminders

While taking JOURNAVX:

- Swallow tablets whole. Do not chew or crush.
- Avoid grapefruit and grapefruit-containing food or drinks.
- Do not take an extra dose if you miss one; call the surgical team for instructions.
- Tell your care team about every prescription, over-the-counter medicine, vitamin, and supplement you take.

Contact your care team before taking it if you:

- Have liver problems
- Are pregnant, planning pregnancy, or breastfeeding
- Take medicines that strongly inhibit CYP3A

Hormonal birth control: Some progestin-containing contraceptives may work less well. Ask your prescriber whether you need a nonhormonal method during treatment and for 28 days after your last dose.

Possible side effects

The most commonly reported side effects include **itching, muscle spasms, rash, and increased creatine phosphokinase (a muscle enzyme) in the blood**. Call your surgical team about any side effect that bothers you or does not go away. For trouble breathing, facial or throat swelling, or another emergency, call 911.

Questions or medication problem? Call your surgical team before changing the dose or schedule.

This handout supplements - but does not replace - your prescription label, the FDA-approved Patient Information, or instructions from your surgeon.
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